# New Techniques in Kidney Transplantation

Amy R. Evenson, MD Beth Israel Deaconess Medical Center October 5, 2013 ASTS Fellows' Symposium

### Donor Techniques

- Recipient Techniques
  - Exchange Programs

#### TOTAL ADULT KIDNEY TRANSPLANTS



#### LIVING DONORS BY DONOR RELATION



SRTR 2011 Annual Data Report

# Chronology of Donor Procedures

# **Open Donor Nephrectomy**

- Standard technique until mid-1990's
- Benefits: ? shorter WIT, ?
  Better immediate graft function
- Disadvantages:
  - 6-10 day hospitalization
  - Post-op pain, cosmesis of incision
  - 80 day out-of-work period

Photo of open nephrectomy incision

## 1995 Laparoscopic Donor Nephrectomy

November 15, 1995

BRIEF COMMUNICATIONS

1047

#### LAPAROSCOPIC LIVE DONOR NEPHRECTOMY

LLOYD E. RATNER,<sup>1,2</sup> LARS J. CISECK,<sup>3</sup> ROBERT G. MOORE,<sup>3</sup> FRANCISCO G. CIGARROA,<sup>1</sup> HOWARD S. KAUFMAN,<sup>1</sup> AND LOUIS R. KAVOUSSI<sup>3</sup>

Departments of Surgery and Urology, Johns Hopkins University School of Medicine and Johns Hopkins Bayview Medical Center, Baltimore, Maryland

A laparoscopic live-donor nephrectomy was performed on a 40-year-old man. The kidney was removed intact via a 9-cm infraumbilical midline incision. Warm ischemia was limited to less than 5 min. Immediately upon revascularization, the allograft produced urine. By the second postoperative day, the recipient's serum creatinine had decreased to 0.7 mg/dl. The donor's postoperative course was uneventful. He experienced minimal discomfort and was discharged home on the first postoperative day.

We conclude that laparoscopic donor nephrectomy is feasible. It can be performed without apparent deleterious effects to either the donor or the recipient. The limited discomfort and rapid convalescence enjoyed by our patient indicate that this technique may prove to be advantageous.



#### Transplantation 1995;60:1047-9

# **Contemporary Reaction**

• From editor at Transplantation:

"This is a bad thing for transplantation. A safe donor operation has been around for 40 years. Why would anyone want to change it?"

# **Trends in Kidney Donation**



http://optn.transplant.hrsa.gov/latestData/rptData.asj

### **Current Standard of Care**



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## 1998 Hand-Assisted Laparoscopy

#### HAND-ASSISTED LAPAROSCOPIC LIVE DONOR NEPHRECTOMY

J. STUART WOLF, JR, MARIE-BLANCHE TCHETGEN, AND ROBERT M. MERION

#### ABSTRACT

Minimally invasive live donor nephrectomy has been described using both standard laparoscopic dissection and "gasless" endoscopically assisted techniques. We report another method, hand-assisted laparoscopic live donor nephrectomy, which uses an occlusive sleeve to maintain pneumoperitoneum. The procedure is performed under excellent laparoscopic visualization in a generous operative field, and is facilitated substantially by manual assistance, which takes advantage throughout the procedure of the incision that is necessary for intact organ removal. The results of our first procedure are encouraging. UROLOGY **52**: 885–887, 1998. © 1998, Elsevier Science Inc. All rights reserved.



FIGURE 2. Surgeon's left hand holding kidney just before incision of the ureter and renal hilum. Note the adequate length of the renal artery and vein, and the generous tissue maintained between the proximal ureter and kidney.

Urology 1998;52:885-7.

## 2008 SILS/Transumbilical

#### **Transplantation/Vascular Surgery**

#### Single Port Transumbilical (E-NOTES) Donor Nephrectomy

Inderbir S. Gill,\* David Canes, Monish Aron, Georges-Pascal Haber, David A. Goldfarb, Stuart Flechner, Mahesh R. Desai, Jihad H. Kaouk and Mihir M. Desai

From the Center for Laparoscopic and Robotic Surgery, Department of Urology, Glickman Urological and Kidney Institute, Cleveland Clinic, Cleveland, Ohio





FIG. 5. Abdomen 2 weeks postoperatively

J Urology 2008;180:637-41.

### 2010 NOTES Extraction

American Journal of Transplantation 2010; 10: 1473–1477 Wiley Periodicals Inc.

Case Report

© 2010 The Authors Journal compilation © 2010 The American Society of Transplantation and the American Society of Transplant Surgeons

doi: 10.1111/j.1600-6143.2010.03131.x

#### Laparoscopic Live Donor Nephrectomy with Vaginal Extraction: Initial Report The recent decrease in the total number of living

M. E. Allaf<sup>a</sup>, A. Singer<sup>b</sup>, W. Shen<sup>c</sup>, I. Green<sup>c</sup>, K. Womer<sup>d</sup>, D. L. Segev<sup>b</sup> and R. A. Montgomery<sup>\*,b</sup>

<sup>a</sup> James Buchanan Brady Urological Institute, Department of Urology, <sup>b</sup>Department of Surgery, Division of Transplant Surgery, <sup>c</sup>Department of Obstetrics and Gynecology and <sup>d</sup>Department of Medicine, Division of Nephrology, Johns Hopkins Medical Institutions, Baltimore, MD The recent decrease in the total number of living kidney transplants coupled with the increase in the number of candidates on the waiting list underscores the importance of eliminating barriers to living kidney donation. We report what we believe to be the first pure right-sided laparoscopic live donor nephrectomy with extraction of the kidney through the vagina. The warm ischemia time was 3 min and the renal vessels and ureter of the procured kidney were of adequate length for routine transplantation. The donor did not receive any postoperative parenteral narcotic analgesia, was discharged home within 24 h and was back to normal activity in 14 days. The kidney functioned well with no complications or infections. Laparoscopic live donor nephrectomy with vaginal extraction may be a viable alternative to open and standard laparoscopic approaches. Potential advantages include reduced postoperative pain, shorter hospital stay and convalescence and a more desirable cosmetic result. These possible, but yet unproven, advantages may encourage more individuals to consider live donation.



**Figure 1: Patient positioning during right laparoscopic donor nephrectomy with vaginal extraction.** (A) During the kidney dissection portion of the procedure, the patient was placed in the modified flank position with the left side down. (B) During the vaginal extraction portion of the procedure, the torso is maintained in the modified flank position while the patient's legs are placed in the lithotomy position to facilitate access to the vagina.

#### Am J Transplant 2010;10:1473-7

## 2002 Robotic-Assisted Laparoscopic

0041-1337/02/7309-1474/0 TRANSPLANTATION Copyright © 2002 by Lippincott Williams & Wilkins, Inc.

Vol. 73, 1474–1479, No. 9, May 15, 2002 Printed in U.S.A.

#### ROBOTIC-ASSISTED LAPAROSCOPIC DONOR NEPHRECTOMY FOR KIDNEY TRANSPLANTATION

SANTIAGO HORGAN,<sup>1</sup> DANIEL VANUNO,<sup>1</sup> PIERPAOLO SILERI,<sup>2</sup> LUCA CICALESE,<sup>2</sup> AND ENRICO BENEDETTI<sup>2,3</sup>

Minimally Invasive Surgery Center and Division of Transplantation, University of Illinois at Chicago Medical Center, Chicago, Illinois 60612

*Background.* Minimally invasive laparoscopic nephrectomy is a well-established alternative to open surgery in living donors for kidney transplantation. Donor mortality and morbidity rates as well as recipient outcome are comparable to the open approach. Furthermore, the procedure is associated with reduced donor discomfort, faster recovery, and improved cosmetic results. Recently, an advanced robotic system for laparoscopic surgery was approved for use in the United States. This system allows a greater freedom of movement and recreates the hand-

1 3 4 1 1 1 1

eye coordination and three-dimensional vision that is lost in standard laparoscopic procedures.

*Methods.* We report the first 12 successful cases of robotic-assisted laparoscopic living donor nephrectomy performed using the da Vinci Surgical System (Intuitive Surgical, Mountain View, CA).

*Results.* Our initial experience has shown that the system allows the performance of donor nephrectomy in a safe and accurate fashion.

*Conclusions.* As technology continues to evolve, robotic-assisted surgery has the potential to become a widely used attractive alternative to standard laparoscopic donor nephrectomy.



n = 214 Cases 1-74 Cases 75-144 Cases 145-21										
n = 214	Cases 1-/4	Cases 75-144	Cases 145-214							
Intraoperative										
Bleeding: n (%)	4 (6)									
Postoperative										
Major: n (%)	2	(3)								
Pneumonia: n (%)	1 (1)	_								
Pancreatitis: n (%)	1 (1)									
Evisceration: n (%)										
Minor										
WI	3 (4)	2 (3)	3 (4)							
Ileus	6 (8)	3 (4)	2 (3)							
Ventral hernia	1 (1)	_	_							
Total: n (%)	18 (24)	5 (7)	5 (7)							

WI, wound infection



Fig. 2. Operating room setup for robotic hand-assisted donor nephrectomy (L-RHADN) with the patient placed in a right lateral decubitus position.

Surg Endosc 2007;21:1512-17.







Transplantation 2002;73:1474-9

## Comparisons Between Techniques

Table 3.	Compariso	n of pe	rioperative	variables	among	centers with	large experience
		p					

Study	No. of patients	Approach	BMI	Vascular. anomalies (%)	Surgical time (min)	WIT (s)	EBL (ml)	Conversion (% patients)
Melcher [20]	530	LDN	26 ± 4	17	196	n/a	n/a	0.2
Leventhal [18]	500	LDN	$28 \pm 5$	23	n/a	2.6	154-160	1.8
Su [29]	381	LDN	n/a	n/a	253	4.9	344	2.1
Jacobs [14]	738	LDN	1		202	2.8	128	1.6
Buell [6]	100	HALDN	n/a	n/a	234	3.0	137	2
Current	213	RHADN	$29 \pm 6$	29	150	1.38	82	1.8

BMI, body mass index; WIT, warm isquemia time; EBL, estimated blood loss; LDN, laparoscopic donor nephrectomy; HALDN, hand assisted laparoscopic donor nephrectomy; RHADN, robotic hand-assisted donor nephrectomies

- Many single-center reports of multiple combinations of robotic/SILS/NOTES
- Few randomized trials comparing techniques; few meta-analyses; no registries
- Most studies demonstrate comparable donor outcomes
- Most studies demonstrate comparable recipient outcomes

Surg Endosc 2007;21:1512-17.

# **New Reports**

- NOTES/SILS + robot + transvaginal extraction: case reports
  - Pietrabissa et al, Italy. *Am J Transplant* 2010;10:2708-11.
  - Kaouk et al, Cleveland Clinic. Urology 2012;80:1171 5.
- Robotic kidney & partial pancreas recovery
  - Oberholzer et al, Univ of Illinois at Chicago. J Hepatobiliary Pancreat Sci 2010;17:97-100.
- To be continued . . .

#### Do these techniques improve patient outcomes or safety?

#### Perioperative Mortality and Long-term Survival Following Live Kidney Donation

Dorry L. Segev, MD, PhD	Context More than 6000 healthy US individuals every year undergo nephrectomy
Abimereki D. Muzaale, MD, MPH	for the purposes of live donation; however, safety remains in question because lon-
Brian S. Caffo, PhD	gitudinal outcome studies have occurred at single centers with limited generalizability.
Shruti H. Mehta, PhD	Objectives To study national trends in live kidney donor selection and outcome, to estimate short-term operative risk in various strata of live donors, and to compare long-
Andrew L. Singer, MD, PhD	term death rates with a matched cohort of nondonors who are as similar to the donor
Sarah E. Taranto	cohort as possible and as free as possible from contraindications to live donation.
Maureen A. McBride, PhD	Design, Setting, and Participants Live donors were drawn from a mandated na- tional registry of 80.247 live kidney donors in the United States between April 1, 1004
Robert A. Montgomery, MD, DPhil	and March 31, 2009. Median (interquartile range) follow-up was 6.3 (3.2-9.8) years.

- 1994-2009 UNOS IIVING CONOL CALL & CONOL UNITED AND A CONOL IION AND AND A CONOL IION AND AND A CONOL IION AND A CONOL IION AND AND A CONOL IION AND A CONOL II A
  - Deaths: 3.1/10,000 versus 7/10,000 in open era
  - Higher risk of death:
    - Men (RR 3.0)
    - Black (RR 3.1)
    - Hypertensive donors (RR 27.1)
  - But not higher than cohort matched for demographics & *JAMA* 2010;303:959-66.

### **Current Living Donor Outcomes**

- 1998-2010 NIS data (69,117 donors, 89% of all) & compared to patients having lap appy, chole, & nephrectomy
  - Peri-op complications in 7.9%, decreased over time
  - Median LOS decreased from 3.7 to 2.5 days
  - LOS correlated with obesity, hypertension, depression, pulmonary disorders
  - Complications and LOS were similar to patients having lap appy or lap chole and less than lap nephrectomy for non-metastatic cancer

### Is It Better?

Step	Advantages	Disadvantages
Laparoscopic versus Open	Decreased pain, shorter hospital stay, faster recovery, better cosmesis	Warm ischemic time, bleeding/safety, learning curve, training
SILS/NOTES versus Laparoscopic	Decreased wound morbidity, better cosmesis	Yuck factor, increased technical difficulty, limited applicability (i.e., females only for transvaginal extraction)
Robotic versus Laparoscopic	Better surgical dexterity (potential for longer vessels), comfort of surgeon, 3-D visualization	Cost, learning curve, (warm ischemia)

# What techniques of living donor nephrectomy have you seen in training?



# What is your comfort level with open donor nephrectomy?

- 1. Have not seen one in fellowship
- 2. Have seen <5
- 3. Comfortable performing open donor nephrectomy



# Which technique will you use for your first living donor nephrectomy in practice?

- 1. Pure laparoscopic
- 2. Laparoscopic, handassisted
- 3. SILS laparoscopic
- 4. NOTES laparoscopic
- 5. Robotic, pure lap or hand-assisted
- 6. Open



## **Recipient Procedures**

### Robotic & Laparoscopic Kidney Transplant • Robotic transabdominal kidney transplant (Benedetti,

- UIC, 2010)
- Pure laparoscopic kidney transplant
  - Rosales et al. Eur Urol 2010;57:164-7.
    - 1case of LDRT; 240m case time, 53m anastomosis time
    - LOS 14 days; discharge creatinine 73umol/l (0.82g/dL)
  - Modi, India, 2011: 4 cases

### 2010 Robotic Recipient Procedure

American Journal of Transplantation 2010; 10: 1478–1482 Wiley Periodicals Inc. © 2010 The Authors Journal compilation © 2010 The American Society of Transplantation and the American Society of Transplant Surgeons

Case Report

doi: 10.1111/j.1600-6143.2010.03116.x

#### Robotic Transabdominal Kidney Transplantation in a Morbidly Obese Patient

P. Giulianotti, V. Gorodner, F. Sbrana, I. Tzvetanov, H. Jeon, F. Bianco, K. Kinzer, J. Oberholzer\* and E. Benedetti tend not to list morbidly obese patients for kidney transplantation.

Minimally invasiva surgical techniques have revolutionized



### Technique & Outcome

- 29yo woman with BMI 41 received a deceased donor kidney
- 7cm periumbilical incision + 4 other ports
- Right colon mobilized
- External iliac vessels exposed & clamped with plastic bulldogs
- Vascular anastomoses with 6-0 Goretex
- Two-layer bladder anastomosis with stent
- 11 hours CIT; 50 min WIT; immediate function with discharge creatinine 1.3 (POD5)

Am J Transplant 2010;10:1478-82.









#### Am J Transplant 2010;10:1478-82.

	Robotic transplant (n = 28)	Controls (n = 28)	p-Value
Surgery			
Cold ischemia time (hours; n = 28/18), mean (SD)	2.8 (3.6)	2.0 (4.5)	0.48
Warm ischemia time (minutes; n = 28/19), mean (SD)	47.7 (7.8)	49.2 (25.2)	0.77
Blood loss (mls; n = 27/20), mean (SD)	110.2 (75.2)	120.8 (102.4)	0.69
Intraoperative blood transfusion. No. (%)	0	1 (3.6)	0.99
Intraoperative vascular complication, No. (%)	0	2 (7.1)	0.49
Induction: Thymoglobu- lin/basiliximab/daclizumab, No. (%)	21/7/0 (75.0/25.0/0)	21/2/5 (75.0/7.1/17.9)	0.02
Maintenance: Tacrolimus/neoral/sirolimus/ tacrolimus+sirolimus/tacrolimus +MMF, No. (%)	23/3/0/0/2 (82.1/10.7/0/0/7.1)	23/3/1/1/0 (82.1/10.7/3.6/3.6/0)	0.41
Donor			
Living donor, No. (%)	26 (92.9)	26 (92.9)	
Related donor (n = 26/26), No. (%)	20 (76.9)	17 (65.4)	0.36
Robotic donor nephrectomy (n = 26/26), No. (%)	26 (100)	26 (100)	
Age (years; n = 27/26), mean (SD)	32.3 (10.1)	34.3 (11.8)	0.52
Gender (male; n = 28/26), No. (%)	16 (57.1)	9 (34.6)	0.10
BMI (kg/m <sup>2</sup> ; n = 20/26), mean (SD)	29.4 (7.1)	30.7 (5.9)	0.52
Vascular anomalies	2 (7.1)	5 (23.8)	0.12
(n = 28/21), No. (%)			

Am J Transplant 2013:13:721-8.

	Robotic transplant (n = 28)	Controls (n = 28)	p-Value	
urgical outcomes				
Delayed graft function No. (%)	1 (3.6)	0	0.99	
Surgical biopsy*, No. WOUND INTE	ctions: ()	I versus		1%
Wound complications, No. (%)	(3.0)	8 (28.0)	0.02	
Wound infections, No. (%)	0	8 (28.6)	0.004	
Creatinine at discharge (mg/dL), mean (SD)	2.0 (1.4)	1.4 (0.5)	0.04	
Creatinine at 6 months (mg/dL), mean (SD)		1.6 (0.6)	0.47	
Graft survival at 6 months, No. (%)			•	
Patient survival at 6 months, No. (%)	28 (100)	-28(100)		
asource utilization				
Hospital days for transplant, mean (SD)	ot 6 <sup>245</sup> · 1	<b>5</b> <sup>8,1</sup> (5,3) <b>4 6</b>	0.98	
Total hospital days over 6 months, mean (SD)			0.69	
Readmission over 6 months, mean (SD)	1.6 (2.0)	1.5 (1.5)	0.82	
Reoperation over 6 months, No. (%)	0	1 (3.6)	0.99	
Hospital costs for transplant (\$; $n = 28/25$ ), mean (SD)	/5,148	60,552	0.02	
Iotal hospital costs over 6 months (\$), mean (SD)	86,272	66,487	0.04	
Iotal follow-up (months), mean (SD)	12.0 (6.0)	35.7 (17.2)	< 0.001	
o-morbialties	0 (40 7)			
Incident diabetes mellitus, No. (%)	3 (10.7)	0	0.24	
Polyoma virus intection, No. (%)	2 (7.1)	1 (3.6)	0.99	
	$\mathbf{r} \mathbf{f} \mathbf{h} \mathbf{k} \mathbf{k} \mathbf{k}$		77	
		I. JJU, Z		) J(
Civity viremila, NO. (%)	I (3.0)	• 0 /	0.99	
Fungar prieumonia, No. (70) Sontia shack No. (70)	1 (3.0)	0	0.99	
Septic Shock, NO. (76)	1 (5.0)	v	0.55	
	2 (10 7)	2 /10 7\		
AMR No. (20)	3 (10.7) 9 /10 7\	2 /7 1	0.00	
$\Delta CB \perp \Delta MB No (\%)$	1 (3.6)	2 (7.17	0.99	
Selanostomy No. (%)	2 (10 7)	0 (0)	0.00	

Table 2: Debotic kidney transplant and control potient C month

\*Surgical biopsies were performed by the laparoscopic technique and one was converted to open procedure by a mini McBurney incision directly over the graft.

ACR = acute cellular rejection; AMR = antibody-mediated rejection; CMV = cytomegalovirus;.

To convert creatinine (mg/dL) to SI units (umol/L), multiply by 88.4.

Am J Transplant 2013:13:721-8.

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### Points to Consider

- Higher early creatinine (equal by 6 months); ? effect of pneumoperitoneum as WIT's were similar
- Intraperitoneal location of kidney--harder to biopsy
- Increased technical complexities may limit broad adoption of technique
- Increased cost despite fewer complications

*Am J Transplant* 2013:13:721-8.

### 2011 Laparoscopic Kidney Transplant

American Journal of Transplantation 2011; 11: 1320–1324 Wiley Periodicals Inc. © 2011 The Authors Journal compilation © 2011 The American Society of Transplantation and the American Society of Transplant Surgeons

Case Report

doi: 10.1111/j.1600-6143.2011.03512.x

#### Laparoscopic Kidney Transplantation: An Initial Experience

P. Modi<sup>\*</sup>, J. Rizvi, B. Pal, R. Bharadwaj, P. Trivedi, A. Trivedi, K. Patel, K. Shah, J. Vyas, S. Sharma, K. Shah, R. Chauhan and H. Trivedi

#### Introduction

Laparoscopic donor nephrectomy (LDN) was performed first time in 1995 (1). Since then many centers have







Figure 2: (A) Renal vein (RV) anastomosed to external iliac vein (EV) in end to side fashion.

### Laparoscopic Recipient Procedure

- Deceased donor kidney pairs
- Left kidney placed laparoscopically
- Right kidney placed open

		Donor	Recipient											
	S. Creatinine (mg/dL) at time of		Age/Sex/BMI (Kg/m <sup>2</sup> )			Cold Ischemia time (hours)		Anastomosis time (minutes)		Operation time (hours)		Estimated blood loss (mL)		
No	Age/sex	procurement	LKT	BMI	OKT	BMI	LKT	OKT	LKT	OKT	_KT	OKT	LKT	OKT
1	65/M	2.4	48/M	18.6	52/M	21.5	14	13	72	40	5	2.5	350	40
2	62/ F	1.2	31/M	20.4	26/M	23.8	4	4	60	36	3.5	2.4	100	80
3	65/M	1.9	25/M	21.3	21/F	19.9	4.2	4	62	30	3.5	2.5	30	80
4	65/M	1.2	45/M	22.4	17/F	20.3	11.5	10.5	66	38	3.9	2.8	45	100

#### Table 1: Demography of donors and recipients and intraoperative data

Am J Transplant 2011;11:1320-

#### Technique & Outcomes

 7cm incision in lap recipients vs 18.4cm in open group

 Used ForceTriad<sup>™</sup>(similar to Ligasure<sup>™</sup>) on lymphatics

- Vessel loops on iliac vessels
- No ureteral stents
- 1 case of DGF in each group from donor w/ elevated creatinine



Am J Transplant 2011;11:1320-4. American Journal of Transplantation 2011; 11: 1121–1122 Wiley Periodicals Inc. © 2011 The Authors Journal compilation © 2011 The American Society of Transplantation and the American Society of Transplant Surgeons

Editorial

doi: 10.1111/j.1600-6143.2011.03510.x

# Laparoscopic Kidney Transplantation — Novel or Novelty?

E. Benedetti<sup>a</sup> and R. Shapiro<sup>b</sup>

vascular anastomosis and the uretero-neocystostomy have been performed conventionally, and the only claim to 'min-

- What do we gain with a laparoscopic or robotic approach?
- Perhaps decreased wound morbidity
  - More important in obese recipients where surgical site infection has been linked to poorer graft outcome

In your opinion, what is the role for laparoscopic or robotic kidney transplantation?

- No role, open techniques are suitable for all recipients
- 2. No role, these techniques are too expensive for the benefit gained
- 3. Suitable for all recipients
- 4. Suitable for obese recipients only



What experience have you had with robotic surgery during your training (residency or fellowship)

- 1. None
- 2. Simulation training for robot
- 3. "At the field" during a robotic case
- 4. Performed part of robotic case at console
- 5. Performed entire case at the console



## **Kidney Paired Donation**



SRTR 2011 Annual Data Report

### Landscape

- Paired exchange allows transplant of ABO-incompatible pairs or cross-match positive pairs
  - Alternative to desensitization
  - Facilitated by non-directed donors
- Two main programs active in US: National Kidney Registry (private company) and KPD (thru UNOS)
  - NKR: 70 centers, 144 transplants as of 6/30/13 (292 donors)
  - KPD: 132 centers, 30 transplants as of 8/20/13
    - Match run 9/30/13 had 224 candidates (233 donors)

#### **NKR** Data

#### **Transplants Facilitated by Year**



National Kidney Registry Paired Exchange Results Quarterly Report, June 30, 2013 www. kidneyregistry.org

#### NKR Data

#### Transplanted Patients by Year by cPRA



National Kidney Registry Paired Exchange Results Quarterly Report, June 30, 2013 www. kidneyregistry.org

### Kidney Paired Exchange Terms

- 2-way 3-way KPD: paired exchange, between 2 or 3 pairs
- Compatible KPD: voluntary compatible paired donation
- Domino KPD: chains
  - Open chain: never-ending, bridge donor awaiting next match run
  - Closed chain: chain ends in donation to a patient on the deceased donor waiting list
- List paired donation--living/deceased donor paired exchange; waiting list paired donation

Am J Kidney Dis 57;2010:144-51.

### Patient Issues

- O imbalance: >50% of recipients on KPD waiting lists but only 30% of donors
  - Type O recipients only match 15% of the time vs 50% for other ABO-incompatibles
- Some patients will never be transplanted by exchanges alone
  - Highly sensitized patients will never find a cross-match negative donor
  - These patients may be better served by desensitization within or outside an exchange
  - Attempting desensitization may increase rate of chain breakage

Am J Kidney Dis 57;2010:144-51.

### **Operational Issues/Considerations**

- Distance to ship: How much CIT are you willing to put on a living donor kidney?
- OR logistics: Can you get OR time to match other centers?
- Non-simultaneous ORs: Are you worried about donors backing out?
  - Does the center (exchange program) have a policy to address this possibility?
- Disclosure of donor/recipient info: Donor quality? Recipient medical/social issues?
  - Is it an "even" exchange?

### **Operational Issues/Considerations**

- Longer chains result increased rate of chain breakage
  - Recipient illness, donor availability
  - Success of attempted desensitization
- Cost to enroll in a matching registry
- Match algorithm used, frequency of match runs & frequency of new pair registrations impacts rate of matches
- Multiple registries offer fewer matches than a unified/single registry

# Should compatible living donor pairs be offered (or be required) to participate in exchanges?

- 1. All pairs should be offered the opportunity to participate in exchanges
- 2. All pairs should be required to participate in exchanges
- 3. Compatible pairs with O donors and non-O recipients should be offered
- 4. Compatible pairs with O donors and non-O recipients should be required to participate
- 5. Compatible pairs should be allowed to donate to their intended recipient



What is your absolute CIT limit for a living donor kidney in a paired exchange program?

- 1. 4 hours
- 2. 8 hours
- 3. 12 hours
- 4. 16 hours
- 5. 24 hours or more



# Which of the following should be the priority in decision-making for match runs?

- 1. Greatest number of matches/transplants
- 2. Best HLA-matching for each pair
- 3. Minimizing shipping distance/CIT
- 4. Matching the mostsensitized patients
- 5. Matching patients with the longest wait time



# **Trends in Kidney Transplant**

- Further incremental development of donor procedures
  - Need to balance risk, benefit, and cost
- Introduction of minimally invasive recipient procedures
  - Need to define appropriate cohort with most benefit
- Rapid growth of paired exchange programs
  - Aid in matching some incompatible pairs, but not all will benefit
  - Operational/ethical issues to consider

# Thanks!