

**VANDERBILT TRANSPLANT CENTER**  
**WELCOMES YOU TO THE**  
**VANDERBILT TRANSPLANT**  
**ADVANCED PRACTICE PROVIDER SYMPOSIUM**

**Join Us in Person for Our 16th  
Vanderbilt Transplant Symposium**

The Vanderbilt Transplant Symposium is a long-standing, established conference designed to address the complexities of managing the transplant patient within the scope of practice of advanced practice providers, including Nurse Practitioners, Transplant Coordinators, Physician Assistants, Registered Nurses, educators, and other advanced transplant professionals.

As the transplant multidisciplinary teams continue to expand and care for an ever-increasing patient population, we realize the providers' roles of focusing on acute/chronic illness with emphasis on preventative maintenance has become vital to the lifelong care of these patients and their unique needs. We are committed to providing you the most current data and best practices by presenting evidence-based transplant practice in a non-biased format.

# Agenda

**OCTOBER 18-19, 2021**

Hilton Nashville Downtown  
Nashville Tennessee

**VANDERBILT TRANSPLANT CENTER**

**Our mission is to provide end-stage organ failure patients  
an opportunity to lead an extraordinary life.**

**VANDERBILT  UNIVERSITY  
MEDICAL CENTER®**

# Agenda

## MONDAY, OCTOBER 18, 2021

|                  |  |  |
|------------------|--|--|
| 7:50 — 8:00 am   | Welcome and Introductions  | Haley Hoy, PhD, FAANP  |
| 8:00 — 9:00 am   | Osteoporosis and Solid Organ Transplantation:<br>Implications for the Advanced Practice Provider | S. Bobo Tanner, MD<br>Christy L. Sparkman, MSN, APRN,<br>GNP-BC  |
| 9:00 — 10:00 am  | Transplant Infectious Disease in the COVID Era   | Lora D. Thomas, MD, MPH  |
| 10:00 — 11:00 am | Open Forum—Ask Your Pharmacist   | Kimberly Harrison, PharmD, BCPS<br>Carissa L. Garza, PharmD, MMHC<br>Nikita S. Wilson, PharmD, BCPS,<br>DPLA |
| 11:00 — 12:00 pm | Substance Abuse and Transplantation  | Kathryn (Katie) Davidson, MSN,<br>PMHNP-BC<br>Sarah E. Carpenter, MSN,<br>PMHNP-BC                           |
| 12:00 — 12:15 pm | <i>Break for Lunch Distribution</i>  |  |
| 12:15 — 1:15 pm  | Working Lunch Session: Adherence in Transplantation  | Jay A. Graham, MD, MBA, FACS   |
| 1:15 — 2:15 pm   | Mobile Applications in Transplantation   | Jay A. Graham, MD, MBA, FACS   |
| 2:15 — 3:15 pm   | Management of Post-Transplant Hyperlipidemia   | B. Gisella Carranza Leon, MD   |
| 3:15 — 3:30 pm   | <i>Break with Conference Exhibitors</i>  |  |
| 3:30 — 4:30 pm   | Treatment of Anxiety and Depression in<br>Transplantation  | Kathryn (Katie) Davidson, MSN,<br>PMHNP-BC<br>Sarah E. Carpenter, MSN,<br>PMHNP-BC                           |
| 4:30 — 5:30 pm   | Dermatologic Risks in Transplantation  | Allison M. Hanlon, MD, PhD   |
| 5:30 — 6:15pm    | <i>Wine &amp; Cheese Network Session<br/>with Fellow Colleagues &amp; Conference Exhibitors</i>  |  |

**Conflict of Interest Disclosures will be announced from the podium during speaker introductions and printed on the lecture notes page in the conference handout.**

## TUESDAY, OCTOBER 19, 2021

|                  |   |  |
|------------------|---|--|
| 7:30 — 8:00 am   | <i>Continental Breakfast</i>  |  |
| 7:50 — 8:00 am   | Welcome   | Haley Hoy, PhD, FAANP  |
| 8:00 — 9:00 am   | Diabetes and Transplantation  | Ann R. Hackett, APRN-BC, MSN, ANP, WHNP                                |
| 9:00 — 10:00 am  | Pre- and Post-Transplant Obesity  | Kim Flack, MS, RD, CNSC, LDN<br>Jennifer Williams, MPH, RD, CSOWM, LDN |
| 10:00 — 10:15 am | <i>Break with Conference Exhibitors</i>   |  |
| 10:15 — 11:15 am | Telehealth in Transplantation: Regulation and Opportunities for Advanced Practice Providers | Amber Humphrey, MBA  |
| 11:15 — 12:15 pm | Time for Innovation: Organ Monitoring with Allosure   | Jennifer Gray, PharmD  |
| 12:15 pm         | Adjourn: Boxed Lunch & CEU Distribution   |  |

### CEU & CME Accreditation Applied for:

**12 CEU, CEPTC & CME Credit Hours / 6 Pharmacology Credit Hours**

**PA Credits Applied For This Year!**

*"This program is not yet approved for CME credit. Conference organizers plan to apply for 12 AAPA Category 1 CME credits from the AAPA Review Panel. The total number of approved credits is yet to be determined."*

**Contact Hour: One (1) contact hour equals a 60-minute hour**

### ONLINE CONFERENCE REGISTRATION

Please register online at:

[VanderbiltTransplantNPsymposium.com](http://VanderbiltTransplantNPsymposium.com)

**Symposium e-mail: [TransplantNPsymposiumInfo@vumc.org](mailto:TransplantNPsymposiumInfo@vumc.org)**

**Transplant Website: [VanderbiltTransplant.com](http://VanderbiltTransplant.com)**

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# Speakers

**Sarah Carpenter, MSN, PMHNP-BC**

Psychiatric and Mental Health Nurse Practitioner  
Department of Psychiatry & Behavioral Sciences  
Vanderbilt University Medical Center, Nashville, Tennessee

**Kathryn (Katie) Davidson, MSN, PMHNP-BC**

Psychiatric and Mental Health Nurse Practitioner  
Department of Psychiatry & Behavioral Sciences  
Vanderbilt University Medical Center, Nashville, Tennessee

**Kim Flack, MS, RD, CNSC, LDN**

Nutrition Coordinator  
Vanderbilt University Medical Center, Nashville, Tennessee

**Carissa L. Garza, PharmD, MMHC**

Clinical Pharmacy Specialist  
Liver Transplant  
Vanderbilt University Medical Center, Nashville, Tennessee

**Jay Alexander Graham, MD, MBA, FACS**

Surgical Director, Pancreas Transplantation  
Abdominal Transplant Surgeon  
Associate Professor of Surgery  
Montefiore—Einstein Center for Transplantation, New York, New York

**Jennifer Gray, PharmD**

Senior Medical Science Liaison  
CareDx

**Ann R. Hackett, APRN-BC, MSN, ANP, WHNP**

Assistant in Medicine  
Department of Medicine  
Division of Diabetes, Endocrinology & Metabolism  
Vanderbilt University Medical Center, Nashville, Tennessee

**Allison M. Hanlon, MD, PhD**

Associate Professor of Medicine  
Department of Dermatology  
Vanderbilt University Medical Center, Nashville, Tennessee

**Kimberly M. Harrison, PharmD, BCPS**

Clinical Pharmacy Specialist  
Heart & Lung Transplant  
Vanderbilt University Medical Center, Nashville, Tennessee

**Haley Hoy, PhD, FAANP**

Professor  
University of Alabama Huntsville College of Nursing  
Lung Transplant Coordinator/Nurse Practitioner  
Vanderbilt University Medical Center, Nashville, Tennessee

**Amber Humphrey, MBA**

Senior Director, Telehealth  
Vanderbilt University Medical Center, Nashville, Tennessee

**B. Gisella Carranza Leon, MD**

Associate Professor of Medicine  
Division of Diabetes, Endocrinology and Metabolism  
Lipid Clinic, Vanderbilt Heart and Vascular Institute  
Vanderbilt University Medical Center, Nashville, Tennessee

**Christy L. Sparkman, MSN, APRN, GNP-BC**

Assistant in Medicine  
Department of Medicine  
Vanderbilt Osteoporosis Clinic and Asthma, Sinus, and Allergy Program  
Divisions of Rheumatology and Allergy, Pulmonary and Critical Care  
Medicine  
Vanderbilt University Medical Center, Nashville, Tennessee

**S. Bobo Tanner, MD**

Assistant Professor of Medicine  
Director, Osteoporosis Clinic  
Divisions of Rheumatology, Allergy and Immunology  
Vanderbilt University Medical Center, Nashville, Tennessee

**Lora D. Thomas, MD, MPH**

Assistant Professor of Medicine  
Transplant Infectious Diseases  
Virginia Commonwealth University, Richmond, Virginia

**Jennifer Williams, MPH, RD, CSOWM, LDN**

Registered Dietitian  
Vanderbilt University Medical Center, Nashville, Tennessee

**Nikita S. Wilson, PharmD, BCPS, DPLA**

Clinical Pharmacy Specialist  
Kidney and Pancreas Transplant  
Vanderbilt University Medical Center, Nashville, Tennessee

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